

BOLTHÖUSE
FRESH™

**Fresh, Crisp and
Available in Canada**





What Other Veg Can Do That?™

Bolthouse Fresh Foods™ is proud to offer our premium carrot products to the Canadian market.

With over a century of farming expertise, we grow carrots that are naturally sweet, vibrant, and full of nutrition. Our **conventional carrot offerings** are available **year-round** across Canada, providing a versatile and delicious addition to any meal. Whether you're preparing a hearty family dinner or looking for a healthy snack, our carrots are fresh, ready to use, and perfect for every occasion.

Why Choose Bolthouse Fresh Foods™ Carrots in Canada?

Quality You Can Taste:

Our Canadian carrot offerings deliver the natural sweetness and crisp texture you expect from Bolthouse Fresh Foods™

Convenient & Versatile:

Pre-cut, pre-washed, and ready to eat, our carrots save you time in the kitchen while adding flavor and nutrition to any meal.

Organic Options Available:

While we specialize in conventional carrots, we also offer organic options by request, ensuring you can choose fresh organic produce when needed.

Available Year-Round:

Our carrots are available throughout the year, ensuring you always have access to the highest quality, fresh produce no matter the season.

Perfect For Any Occasion

From healthy snacks to meal prep, Bolthouse Fresh Foods™ carrots are ideal for any part of your day:

Meal Prep

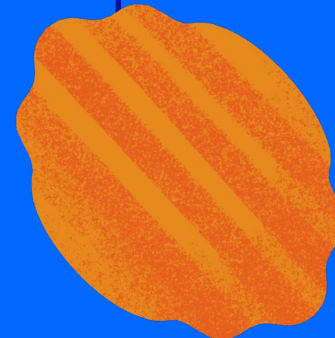
Add our carrots to soups, stews, roasts, and salads for a burst of natural sweetness and texture.

On-the-Go Snacking

Our baby carrots are perfect for a healthy snack that's convenient and delicious.

Garnishes & Sides

Elevate your presentation with rainbow or shredded carrots for a fresh, colorful touch.





Baby-Cut Carrots



These sweet babies were born to be enjoyed. Great for snacking, roasting and even juicing, you might just call them undercover overachievers.

Available Sizes

12 oz

1 lb

2 lb

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Baby-Cut Snack Pack



Behold these dippable, crunchable, packable and snackable little charms. Perfectly sweet and great on-the-go, no wonder they're a fan favorite for kids and grown ups alike.

Available Sizes
9 oz (4 x 2.25 oz)

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Party Sticks



It's all the crunchy sweetness you crave in perfectly dippable form. From game day to crudité, these fun-loving snackers are the perfect companion for tasty dips and elevated spreads.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

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Baby Petites



Good things really do come in tiny packages. Cut from the sweetest part of the carrot, these premium petites make the perfect bite-sized snack by day, or tender roasted side by night.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Soup n' Stewin'



These chunky, bias-cut beauties bring sweetness and hearty texture to all your favorite comfort foods.

True time-savers, try them in simmering stews or sheet pan dinners.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

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BOLTHÖUSE
FRESH™

Matchstix®



Ignite your creativity and elevate any dish with these delicately cut beauties. A real foodie's dream, enjoy deliciously fresh in salads and wraps, or cooked to perfection in savory sides.

Available Sizes
10 oz

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Chip Dipper



These Chip Dippers are the perfect texture, these carrots are ready for anything. Enjoy them meltingly tender in soups and stews, or toothsome and sweet in stir-fries and sautées.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

35 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Whole Carrots



Iconic. A true classic.
Our whole carrots bring
next-level freshness to any
dish you create. It's no
wonder carrot lovers reach
for them again and again.

Available Sizes

2 lb

3 lb

5 lb

50 lb

Washed & ready to eat

Good source of vitamin A

30 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Bunch Carrots



Iconic. A true classic.
Our whole carrots bring next-level freshness to any dish you create. It's no wonder carrot lovers reach for them again and again.

Available Sizes
1 lb

Washed & ready to eat

Good source of vitamin A

30 calories per serving

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Organic Rainbow Baby-Cut



These versatile babies were born to brighten your day. Add a healthy dose of color and fun to everyday munchies, roasted sides or share-worthy spreads.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

Pretty up your plate

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact

BOLTHÖUSE
FRESH™

Organic Rainbow Whole Carrots



An iconic classic with a colorful twist. Our beautiful blend of whole carrots brings next-level freshness and a healthy dose of fun to any dish you create.

Available Sizes
2 lb

Washed & ready to eat

Good source of vitamin A

Pretty up your plate

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact

BOLTHOUSE
FRESH™

Organic Baby Carrots



These sweet babies were born to be enjoyed. Great for snacking, roasting and even juicing, you might just call them undercover overachievers.

Available Sizes
1 lb

Washed & ready to eat

Good source of vitamin A

USDA organic

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Organic Baby Petites



Good things really do come in tiny packages. Cut from the sweetest part of the carrot, these premium petites make the perfect bite-sized snack by day, or tender roasted side by night.

Available Sizes
12 oz

Washed & ready to eat

Good source of vitamin A

USDA organic

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Organic Whole Carrots



Iconic. A true classic.
Our whole carrots bring
next-level freshness to any
dish you create. It's no
wonder carrot lovers reach
for them again and again.

Available Sizes

2 lb

5 lb

Washed & ready to eat

Good source of vitamin A

USDA organic

Produce of the USA

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Organic Bunch Carrots



Iconic. A true classic.
Our whole carrots bring
next-level freshness to any
dish you create. It's no
wonder carrot lovers reach
for them again and again.

Available Sizes
25 lb

Washed & ready to eat

Good source of vitamin A

USDA organic

Produce of the USA

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BOLTHOUSE
FRESH™

Shakers Zesty Ranch

Available Sizes
12.5 oz (5 x 2.5 oz)



Don't bottle your feelings. We've packed big crunch and bold flavors into a snack that's perfect for anyone craving something healthy, fresh, and tasty on the go.

Nutrition Facts Valeur nutritive

Per 1 bag (70 g)
pour 1 sac (70 g)

Calories 30		% Daily Value*
		% valeur quotidienne *
Fat / Lipides 0 g		0 %
Saturated / saturés 0 g		
+ Trans/ trans 0 g		0 %
Carbohydrate / Glucides 7 g		
Fiber / Fibres 2 g		7 %
Sugars / Sucres 5 g		5 %
Protein / Protéines 1 g		
Cholesterol / Cholestérol 0 mg		0 %
Sodium / Sodium 200 mg		9 %
Potassium / Potassium 225 mg		6 %
Calcium / Calcium 20 mg		2 %
Iron / Fer 0.3 mg		2 %

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients : Carrots, Ranch seasoning (salt, yeast extract, onion powder, tomato powder, garlic powder, spices, natural flavours, citric acid, lactic acid).

Contains : Milk

Ingredients : Carottes, Assaisonnement ranch (sel, extrait de levure, poudre d'oignon, poudre de tomate, poudre d'ail, épices, arômes naturels, acide citrique, acide lactique).

Contient : Lait

Washed & ready to eat

Good source of vitamin A

Built in seasoning

Produce of the USA

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**BOLTHÖUSE
FRESH™**

Shakers Spicy Chili Lime

Available Sizes
12.5 oz (5 x 2.5 oz)



Don't bottle your feelings. We've packed big crunch and bold flavors into a snack that's perfect for anyone craving something healthy, fresh, and tasty on the go.

Nutrition Facts Valeur nutritive

Per 1 bag (70 g)
pour 1 sac (70 g)

Calories 30		% Daily Value*
Fat / Lipides 0 g		0 %
Saturated / saturés 0 g		
+ Trans/ trans 0 g		0 %
Carbohydrate / Glucides 7 g		
Fiber / Fibres 2 g		7 %
Sugars / Sucres 4 g		4 %
Protein / Protéines 1 g		
Cholesterol / Cholestérol 0 mg		0 %
Sodium / Sodium 200 mg		9 %
Potassium / Potassium 225 mg		7 %
Calcium / Calcium 20 mg		2 %
Iron / Fer 0.3 mg		2 %

*5% or less is a **little**, 15% or more is a **lot**
*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients : Carrots, Chili-lime flavoured seasoning (salt, citric acid, spices, natural flavours).
Ingédients : Carottes, Assaisonnement chili lime (sel, acide citrique, épices, arômes naturels)

Washed & ready to eat

Good source of vitamin A

Built in seasoning

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Shakers Dill Pickle

Available Sizes
12.5 oz (5 x 2.5 oz)



Don't bottle your feelings. We've packed big crunch and bold flavors into a snack that's perfect for anyone craving something healthy, fresh, and tasty on the go.

Nutrition Facts Valeur nutritive

Per 1 bag (70 g)
pour 1 sac (70 g)

	% Daily Value*
Calories 30	% valeur quotidienne *
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	
+ Trans/ trans 0 g	0 %
Carbohydrate / Glucides 7 g	
Fiber / Fibres 4 g	13 %
Sugars / Sucres 4 g	4 %
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	0 %
Sodium / Sodium 190 mg	8 %
Potassium / Potassium 175 mg	5 %
Calcium / Calcium 40 mg	3 %
Iron / Fer 0 mg	0 %

* 5% or less is a little, 15% or more is a lot
* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

Ingredients: Carrots, Dill pickle flavoured seasoning (maltodextrin, salt, garlic powder, vinegar, sugar, onion powder, yeast extract, spices, citric acid, natural flavors, parsley, tartaric acid).
Ingredients: Carottes, Assaisonnement cornichons à l'aneth (maltodextrine, sel, ail en poudre, vinaigre, sucre, oignon en poudre, extrait de levure, épices, acide citrique, arômes naturels, persil, acide tartrique).

Washed & ready to eat

Good source of vitamin A

Built in seasoning

Produce of the USA

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Sizzlers Garlic Herb



Deceptively simple. Deeply delish. Our newest side pairs crunchy, crinkle-cut carrots with a garlicky, herby sauce for a heat-and-eat dish you'll want on repeat.

Available Sizes
10 oz

Nutrition Facts	
5 servings per container	
Serving size	1 bag (70g)
Amount per serving	
Calories	30
	% DV*
Total Fat 0g	0%
Sodium 220mg	10%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Incl. 0g Added Sugars	0%
Protein <1g	
Vit. D 0mcg 0%	Calcium 40mg 2%
Iron 0mg 0%	Potas. 180mg 4%
Vit. A 240mcg 25%	

COMING SOON

INGREDIENTS: CARROTS, DILL SEASONING (MALTODEXTRIN, SALT, GARLIC POWDER, VINEGAR, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES, CITRIC ACID, NATURAL FLAVORS, PARSLEY, TARTARIC ACID).

Washed & ready to eat

Good source of vitamin A

Save time chopping

Produce of the USA

For any questions, please visit www.bolthousefresh.com/contact



Sizzlers Herb Vinaigrette



Deceptively simple. Deeply delish.
Our newest side pairs crunchy, crinkle-cut carrots with a bright, herby vinaigrette for a heat-and-eat dish you'll want on repeat.

Available Sizes
10 oz

Nutrition Facts	
5 servings per container	
Serving size	1 bag (70g)
Amount per serving	
Calories	30
	% DV*
Total Fat 0g	0%
Sodium 220mg	10%
Total Carbohydrate 1g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Incl. 0g Added Sugars	0%
Protein <1g	
Vit. D 0mcg 0%	Calcium 40mg 2%
Iron 0mg 0%	Potas. 180mg 4%
Vit. A 240mcg 25%	

COMING SOON

INGREDIENTS: CARROTS, DILL SEASONING (MALTODEXTRIN, SALT, GARLIC POWDER, VINEGAR, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES, CITRIC ACID, NATURAL FLAVORS, PARSLEY, TARTARIC ACID).

Washed & ready to eat

Good source of vitamin A

Save time chopping

Produce of the USA

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Sizzlers Sweet Honey Heat



Deceptively simple. Deeply delish.
Our newest side brings together crunchy, crinkle-cut carrots and a sweet honey sauce with a kick for a heat-and-eat dish you'll crave on repeat.

Available Sizes
10 oz

Nutrition Facts	
5 servings per container	
Serving size	1 bag (70g)
Amount per serving	
Calories	30
	% DV*
Total Fat 0g	0%
Sodium 220mg	10%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	0%
Incl. 0g Added Sugars	0%
Protein <1g	
Vit. D 0mcg 0%	Calcium 40mg 2%
Iron 0mg 0%	Potas. 180mg 4%
Vit. A 240mcg 25%	

COMING SOON

INGREDIENTS: CARROTS, DILL SEASONING (MALTODEXTRIN, SALT, GARLIC POWDER, VINEGAR, SUGAR, ONION POWDER, YEAST EXTRACT, SPICES, CITRIC ACID, NATURAL FLAVORS, PARSLEY, TARTARIC ACID).

Washed & ready to eat

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